



North Berwick Day Centre



Newsletter Coronavirus Special Issue 1

April 2020

Message from the Directors

It was a very sad day when we had to temporarily close the Day Centre to members on Friday 20 March 2020 until further notice. This of course was to keep everyone safe from the terrible coronavirus.

We are mindful that some members still need support at home during this difficult and isolating time. To this end staff and volunteers are helping in a variety of ways, as you will read further on.

The East Lothian Health and Social Care Partnership have confirmed funding for next year. So we can offer the support provided during this time, without charge, to members who need help.

It is imperative, but not easy being separated from family and friends. Physically you may be at a distance but do keep in touch by telephone, text or by the internet. Keep mobile as best you can whether that be in the confines of your home or if you are able to take a walk outside in the garden or your one walk around the local area.

Stay Home, Keep Safe, Help is at hand

If you need help for example with shopping, getting medicines or because you are feeling very low please contact your Street Coordinator. If you don't know who they are ring

**The Resilience Team on 07745 636441 or
www.nbresillience.com**

Thank you

We pay tribute to the dedication of our staff teams and also all our volunteers who are keeping in touch with members and their family whilst we are all confined. We are thinking of you all at this difficult time and wish you well in keeping free from the virus and maintaining your health and well being. Please be assured we are here to help in any way we possibly can, taking into account the restrictions we are under.

Take care and stay safe.

Elma Danks; Ian Donald; Colin Campbell and Chris Duncanson.
Directors.



Jenny preparing lunches for delivery to members



Above is Paul with Easter treats ready for delivery



Shonach with the lunch bags that she helped to make up

Message from Carol Wicker, Manager

Thanks to the dedication of staff we are able to prepare and deliver around 22 lunches 5 days a week to members.

Just as important we can have a wee chat, keeping 6 feet apart of course. We have handed out quizzes, games and jigsaws. Joy Lancaster painted a lovely picture and we have made this into cards for everyone. We are mindful of keeping people well in spirit and are looking for any ideas that may help.

We have been connecting people who would normally see each other at the Day Centre. Keeping in contact is so important.

Please be assured that we have an excellent infection control procedure to keep you safe.

A team of around 10 volunteers are contacting members by telephone to have a chat and also find out if any other help is needed.



Happy to see a Day Centre member of staff bringing lunch bags are [clockwise from the top left],



Muriel, David, Malcom and Eric

Just 4 of the 22 members who get a visit and lunch 5 days a week



Feedback from members

There have been lots of positive comments from members and their families about our 'home service'. Here are just a few:

Just a wee note to thank you for coming in to see my Dad.

Thank you for the lovely card, what a beautiful painting by Joy. We are both enjoying the packed lunches and we are grateful for the care and thought that has gone into the making of them.

To The Day Centre Angels. Thank you so much for all the time, care and all the attention delivering the super lunches. I am so grateful to you all.



Spring
flowers
painted by
Joy
Lancaster

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